WHAT IS CLAIMED IS:

1. An article of furniture, comprising:

a frame including a plurality of planar frame members connected to one another, said frame having at least one composite frame member, said composite frame member including at least two frame members coupled to one another in an end-to-end manner.

- 2. The article of furniture of Claim 1, wherein said composite frame member is defined by one of a front wall and a rear wall of said frame.
- 3. The article of furniture of Claim 1, wherein said at least two frame members each include an end portion, said end portions of said at least two frame members overlapping one another.
- 4. The article of furniture of Claim 1, wherein said composite frame member includes at least three of said frame members, including a central frame member, said central frame member having opposite ends, said two end frame members coupled to respective opposite ends of said central frame member.
- 5. The article of furniture of Claim 1, wherein said composite frame member includes a long dimension, said frame includes a third frame member disposed perpendicular to said long dimension of said composite frame member, said at least two frame members each interlockingly connected to said third frame member.
- 6. The article of furniture of Claim 5, wherein said at least two frame members each include an end portion, said end portions of said at least two frame members overlapping one another and interlockingly connected to said third frame member.
- 7. The article of furniture of Claim 5, further comprising fasteners securing said at least two frame members to said third frame member.
 - 8. The article of furniture of Claim 1, further comprising: a seat portion and a backrest portion defined by said frame;

at least one upholstery component attached to said frame; and at least one cushion supported by said seat portion of said frame.

9. An article of furniture, comprising:

a frame including a plurality of planar frame members connected to one another, said frame including a front wall and a rear wall;

at least one of said front wall and said rear wall having a composite frame member, said composite frame member including at least three of said frame members coupled to one another in an end-to-end manner.

- 10. The article of furniture of Claim 9, wherein said at least three frame members each include an end portion, said end portions of said at least three frame members coupled to one another in an overlapping manner.
- 11. The article of furniture of Claim 9, wherein said at least three frame members include a central frame member, said central frame member having opposite ends, said two end frame members coupled to respective opposite ends of said central frame member.
- 12. The article of furniture of Claim 9, wherein said composite frame member includes a length, said frame includes a fourth frame member disposed perpendicular to said length of said composite frame member, at least two of said three frame members interlockingly connected to said fourth frame member.
- 13. The article of furniture of Claim 12, wherein said at least two frame members include end portions, said end portions overlapping one another and interlockingly connected to said fourth frame member.
- 14. The article of furniture of Claim 12, further comprising fasteners securing said at least two frame members to said fourth frame member.
 - 15. The article of furniture of Claim 9, further comprising:
 a seat portion and a backrest portion defined by said frame;
 at least one upholstery component attached to said frame; and
 at least one cushion supported by said seat portion of said frame.

- 16. An article of seating furniture, comprising:
- a frame having a composite frame member, said frame including a seat portion, a backrest portion, a front wall, and a rear wall;
- at least one of said front wall and said rear wall having a composite frame member, said composite frame member including a plurality of separate planar frame members coupled to one another in an end-to-end manner.
- 17. The article of furniture of Claim 16, wherein said frame members each include an end portion, said end portions of said frame members coupled to one another in an overlapping manner.
- 18. The article of furniture of Claim 16, wherein at least one of said front wall and said rear wall includes at least three of said frame members, including a central frame member, said central frame member having opposite ends, said two end frame members coupled to respective opposite ends of said central frame member.
- 19. The article of furniture of Claim 16, wherein said composite frame member includes a longitudinal dimension, said frame includes at least one additional frame member disposed perpendicular to said longitudinal dimension of said composite frame member and interlockingly connected to at least two of said plurality of frame members.
- 20. A method of assembling an article of furniture which includes a composite frame member having a long dimension, comprising the steps of:
- providing a disassembled frame including a plurality of planar frame members;
- coupling at least two of the frame members to one another in an end-to-end manner, with the frame members extending along said long dimension of said composite frame member.